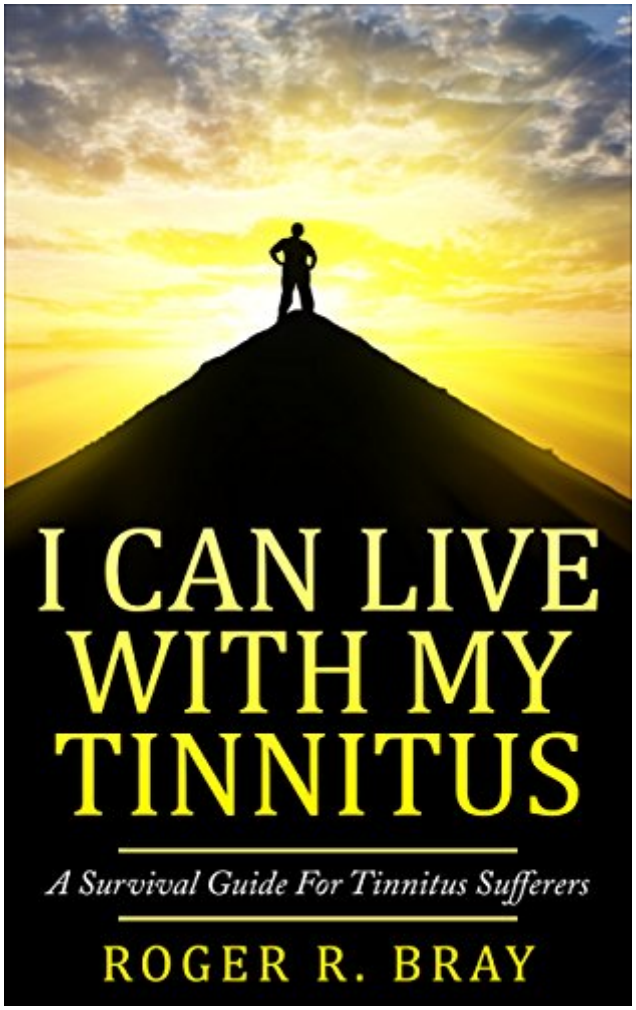
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I Can Live With My Tinnitus: A Survival Guide For Tinnitus Sufferers



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Synopsis

Tinnitus affects more than 50 million people in the United States alone. Some find it simply a nuisance and are, for the most part, able to ignore it; while others are so distressed it often drives them to depression or thoughts of suicide. More than 10 million people seek medical help for severe tinnitus every year.Roger Bray developed tinnitus in June of 2002. During his battle, he read hundreds of articles, saw many doctors, had numerous tests, tried various prescription drugs and over the counter cures. He studied the inner ear and researched all the claims to tinnitus cures that he could find.During his battle, he began to realize that it was the fight that was beating him, not the tinnitus. It was then that he decided to take back his life and not allow it to be controlled by tinnitus. It was not an easy journey, but it ultimately became a successful journey.Since then, in person and through his blog posts, he has helped numerous people learn to live with their tinnitus. This book is the result of the joy he experienced while helping others and the encouragement by many of those to write it.

Book Information

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Customer Reviews

Thanks Loes, Tomorrow suites me if okay with Shadi.Maarten.A must read for anyone coping with tinnitus..sadly not enough books written on tinnitus by those who really know what they are talking about, people who are actually living with it. Thank you for this, it will alleviate much suffering.

Great read! Love you Dad

Book is written beautifully, obviously could tell the research was done. The author honestly Shares his own experiences, as well as the truth he discovers through his research. Encouraging, easy read for those looking for answers/support.

An excellent source of information and suggestions for learning to live with Tinnitus. This will definitely help a lot of people suffering from it. Easy to read and understand. One mans journey...

Very helpful with no BS. It can be a long tough fight.

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